














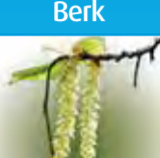

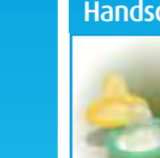
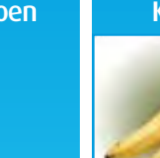
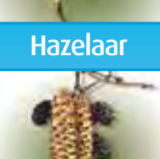



























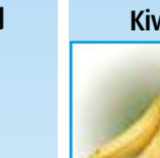








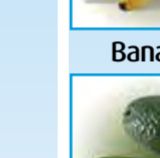













# Een duidelijke focus op allergieën

## 1 Kruisreacties

Allergisch voor:

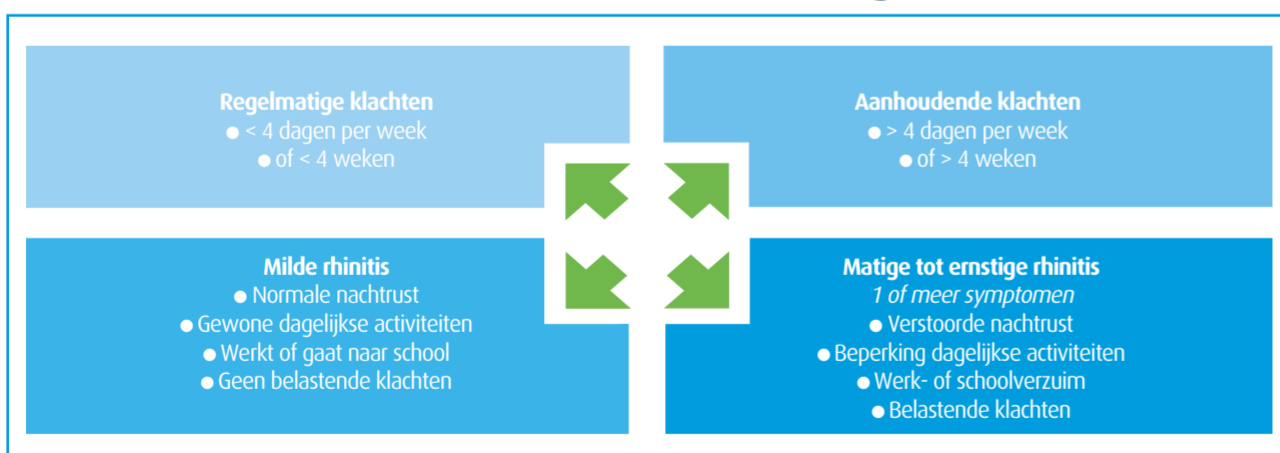
| Boom-pollen   | Gras-pollen   | Huisstofmijt  | Peul-vruchten  | Noten  | Vis   | Schaal-dieren  | Granen  | Koemelk  | Koemelk  | Koemelk  | Latex   | Fruit (rosaceae)  | Fruit (curcubiales)   | Fruit  |
|---|---|---|--|--|---|--|---|--|--|--|---|---|---|--|
| <br>Berk     | <br>Timotheegras | <br>Huisstofmijt | <br>Pinda's | <br>Walnoot | <br>Zalm | <br>Garnaal | <br>Tarwe | <br>Koe | <br>Koe | <br>Koe | <br>Handschoen | <br>Perzik | <br>Meloen | <br>Kiwi    |
| <br>Hazelaar | <br>Beemdgras    |   |  |  |   |  |   |  |  |  | <br>Condooms   |   |   | <br>Banaan  |
| <br>Els      | <br>Kropaar      |   |  |  |   |  |   |  |  |  |   |   |   | <br>Avocado |

Risico van kruisallergie voor:

| Pit- en steenfruit en noten  | Groente, granen, fruit  | Schaal- en weekdieren  | Andere peul-vruchten  | Andere noten   | Andere vissen  | Andere schaal-dieren  | Andere granen   | Rundvlees  | Geiten-melk   | Paarden-melk   | Fruit  | Andere rosaceae  | Ander fruit  | Latex   |
|--|---|--|---|--|--|---|---|--|---|--|--|--|--|---|
| 55%  |   |  | 5%  | 37%  | 50%  | 75%   | 20%   | 10%  | 92%   | 4%   | 55%  | 92%  | 35%  | 11%   |
| <br>Appels    | <br>Aardappels | <br>Garnalen          | <br>Erwten | <br>Paranoten   | <br>Zwaardvis | <br>Krab   | <br>Gerst | <br>Hamburger | <br>Geit | <br>Paard | <br>Kiwi    | <br>Appel | <br>Watermeloen | <br>Handschoen |
| <br>Perziken  | <br>Ananas     | <br>Mosselen          | <br>Linzen | <br>Cashewnoten | <br>Tong      | <br>Kreeft | <br>Rogge |  |   |  | <br>Banaan  | <br>Pruim | <br>Pompoen     | <br>Condooms   |
| <br>Kers      | <br>Appel      | <br>Inktvis           | <br>Bonen  | <br>Hazelnoten  |  |   |   |  |   |  | <br>Avocado | <br>Kers  | <br>Banaan      |   |
| <br>Pruim     | <br>Peer       | <br>Wijngaard-slakken |   |  |  |   |   |  |   |  |  | <br>Peer  | <br>Avocado     |   |
| <br>Hazelnoot | <br>Paprika    |  |   |  |  |   |   |  |   |  |  |  |  |   |
| <br>Walnoot   | <br>Tomaat     |  |   |  |  |   |   |  |   |  |  |  |  |   |
| <br>Amandel   | <br>Wortels    |  |   |  |  |   |   |  |   |  |  |  |  |   |

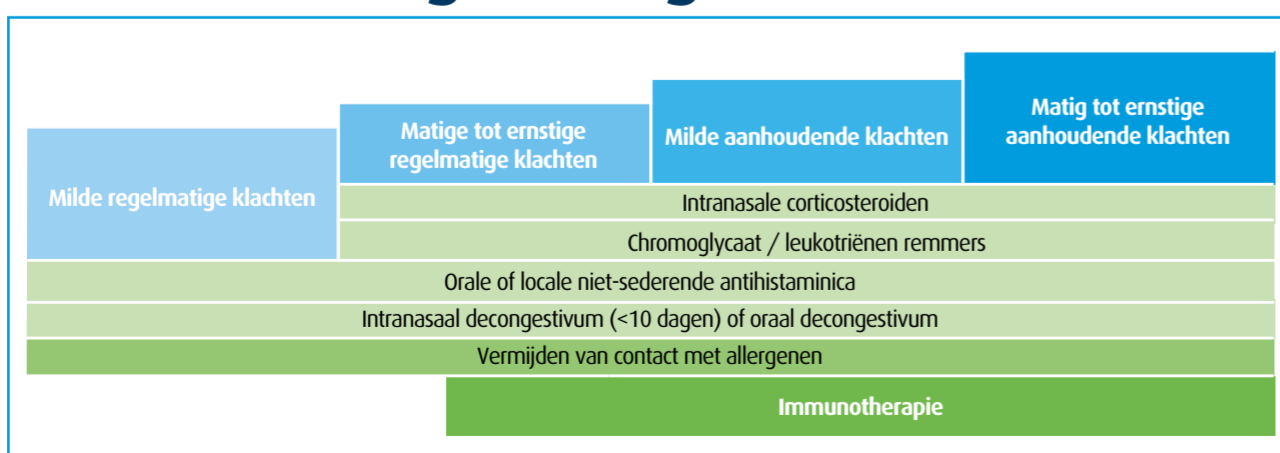
Bron: Sicherer SH Clinical implications of cross-reactive food allergy J Allergy Clin Immunol 2001; 108 (6): 881-889.

## 2 ARIA Classificatie van allergische rhinitis



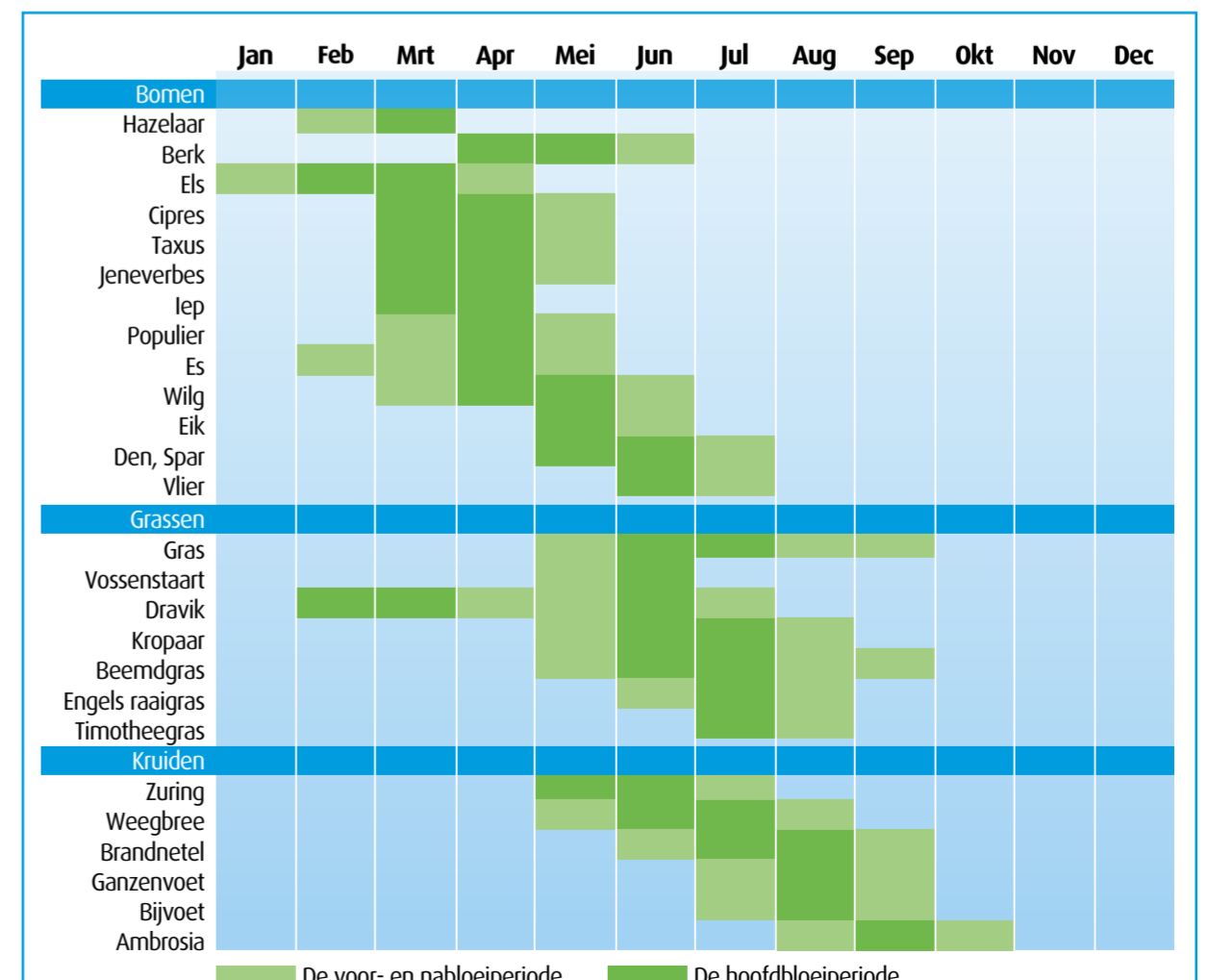
Bron: Bousquet et al. (2008)

## 3 Behandelingsstrategie



Bron: Bousquet et al. (2008)

## 4 Pollenkalender



De weersomstandigheden kunnen van jaar tot jaar wisselen. Geadviseerd wordt om rekening te houden met afwijkingen van de bloeiperiode van ± 10-14 dagen.